

StarBEAUTY

Feel Great In Your Skin!



Stimulate elastin production with a deeply penetrating gel.
Ren Body Contouring Anti-Cellulite Gel, \$48, Space NK stores



Reduce water retention with a body treatment packed with antioxidants, amino acids and marine algae.
Sunday Riley Liquid Diet, \$105, sundayriley.com

EXPERT TIP
"At-home products are a great quick fix before wearing a bathing suit and to help between in-office treatments. Products that contain caffeine are proven to leave skin feeling firm."
— Dr. Bruce Katz, Director of Juva Skin and Laser Center

3 TONE UP



Reduce the appearance of dimples with an ultraconcentrated serum made with coenzyme Q10.
Nivea Skin Firming Cellulite Serum with Q10, \$16, drugstores

Kimora Lee Simmons
"After having my last child, I have been fully committed to working out and eating right. Shinto Clinical Hold It Tight has helped me to tighten those areas I worked hard to tone," Kimora says of the Shinto Clinical product from her own line (below left).



Target trouble areas with a cocktail of caffeine and coenzyme A.
Shinto Clinical Hold It Tight, \$65, shintoclinical.com



Get a temporary smoothing effect with a massage tool that increases blood circulation.
Sephora Cellulite Massager, \$16, sephora.com

The Skinny On In-Office Procedures

Cellulite, unfortunately, isn't easy to treat. If you're not happy with the results you're seeing with at-home products, consider one of these two new, safe, in-office procedures.

● **TriPollar:** Using a device called Apollo that utilizes an advanced radio frequency technology, the painless treatment effectively works to tone and tighten skin for face and body. "I have used nearly every other noninvasive technology available, and when it comes to the patient satisfaction, TriPollar is superior. My patients are experiencing remarkable results from the very first treatment with absolutely no pain," says Beverly Hills-based dermatologist Dr. Ronald Moy. Cost: Approx. \$500 per treatment.

● **Cellulaze:** This cutting-edge procedure uses a bidirectional laser beneath the surface of the skin (the incision is small enough to be closed with a Band-Aid) to attack cellulite on three fronts: melting fat, severing connective tissue and tightening skin. "Not only is Cellulaze safe, but one treatment can also eliminate cellulite for more than two years and patients can go back to work the next day," says Dr. Bruce Katz, a N.Y.-based dermatologist who conducted clinical trials for the newly FDA-approved procedure. Cost: \$2,500 and up.